

IVF with Egg Donation



NORTH CYPRUS IVF CENTER

Leading the way in fertility treatments...

NORTH CYPRUS IVF CENTER

North Cyprus IVF Center was first established in 1998 and became a fully functioning infertility clinic in 2001. North Cyprus IVF Center is the very first IVF Clinic in Northern Cyprus and has been a pioneer in fertility treatments on the island. Our managing director and chief of surgery, Dr. Savas Ozyigit has been a pioneer in the field of medicine in Northern Cyprus. As the very first certified IVF specialist in North Cyprus, Dr. Ozyigit has introduced many firsts on the island in the field of assisted reproductive science. As the recipient of several awards for excellence, Dr. Ozyigit offers highest success rates on the island through his own expertise and own methods.



Contact Us

143 Bedrettin Demirel Avenue
Kumsal – Nicosia / North Cyprus

Phone: +90 392 227 9342
+90 548 828 9955

Email: info@northcyprusivf.net

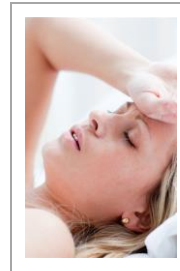
Web: www.lowcostivf.net

Table of Contents

Overview of our Egg Donation Program	1
Getting Started	2
Initial Testing	2
Further Infertility Assessment	2
Donor Selection	3
Who are our Donors?	3
Donor Matching	3
Donor Testing	3
Medication Usage	4
Accommodation Options	5
Cost of Treatment	5

IVF with Egg Donation

Target Patient Group



Candidates for IVF with egg donation include patients who are unable to fall pregnant with their own eggs (women with premature ovarian failure, premature menopause, women who have their ovaries removed, or women who have received chemo or radiation therapy). Also, women with repeated IVF failures may be suitable for this treatment.

Success Rates with Egg Donation



Even though success rates with IVF treatments depend on a number of factors and each patient is different from the other with respect to fertility assessment and fitness for pregnancy, one criterion we use for success rates is age. Last year, clinical pregnancy rate with all our donor egg IVF treatments resulting in an embryo transfer was calculated as 77%.

Estimated Length of Stay in Cyprus



You are expected to stay for about 5/6 days in Cyprus to finalize your treatment. Preliminary work can be carried out locally with your local doctor or a physician we collaborate with.

Getting Started

Before getting started with any treatment, we will want to make sure that we take into consideration all relevant factors and maximize your chances of success accordingly.

INITIAL TESTING

The first step before proceeding with treatment is to make sure that you are fit for pregnancy and that there are no problems that can interfere with a successful pregnancy. The basic testing includes:

If the female patient has menstrual cycles, then day 2 or day 3 of her menstrual cycle is an ideal time for a baseline ultrasound scan to observe the ovaries and the uterus. If there are no cycles, the scan can be performed at any time.

We will also need a semen analysis report for the male patient. Parameters such as sperm volume, count, motility, morphology, pH and round cell count should be assessed using WHO, 2010 criteria.

FURTHER INFERTILITY ASSESSMENT

Some patients may have had **repeated IVF failures**, or recurrent miscarriages. In these cases, additional infertility assessment is called for. For each individual case, there will be a different course of action which needs to be followed, but if a patient has had multiple IVF failures, we may ask for a karyotype analysis from both partners. In addition, a hysterosalpingography will also be useful for further assessment.

If a patient has had **recurrent miscarriages**, then additional genetic testing will be ordered in order to identify the cause of these miscarriages so that the necessary precautions can be taken prior to and during pregnancy.

Donor Selection

Who are our Egg Donors?



Majority of egg donors at our clinic are international university students studying in Cyprus. Criteria for donor selection include BMI (19-24), Age (19-28), Negative serology in infectious disease screening (see below), being a non-smoker, having no major genetic disorders in the immediate family, being mentally and physically fit, and preferably having proven her fertility.

Donor Matching



We ask that you fill out our donor recipient form to specify your donor requirements. Based on your specifications, we can match you up with suitable donors and let you choose. All our donors are anonymous, therefore, the information provided on donors does not include a picture.

Donor Testing



Donor testing includes hormone testing, HIV, Hepatitis B,C, and VDRL infectious disease testing. Mediterranean donors are screened for thalassemia and African origin donors are screened for sickle cell anemia. Additional testing can be performed per request.

Medication Usage

How to obtain your Medication?

Your medication use will depend on your initial assessment by our fertility specialists. This is the precise reason why we ask for certain tests and diagnoses before proceeding with treatment. Once we make an effective assessment of your specific needs, we will be able to identify the right medication regimen and will provide you with a prescription so that you can purchase your medication. You can either purchase your medication locally at your pharmacist, or order it online at the international pharmacy that we work with in the UK. They deliver worldwide.

www.fertility2u.com – UK Pharmacy

Administering Medication

With egg donation protocols, since the patient doesn't use any medication to stimulate the ovaries, medication use is kept very simple, aiming to prepare the body for a successful pregnancy. Estrogen tablets are used to get the endometrium lining to a certain thickness to allow easier implantation of the embryo. Further progesterone supplementation allows us to mimic the biological occurrences in a natural pregnancy.

We strongly recommend that you start using a prenatal vitamin complex prior to beginning treatment so that the body can start receiving essential vitamins and minerals it requires during pregnancy. Additional medication is decided depending on each patient's assessment.

Accommodation Options

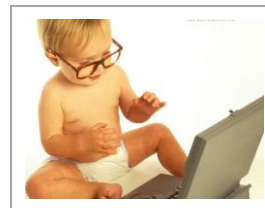
Guest House Accommodation: The guest house is a set of studio apartments in a small complex. Each apartment has its own bathroom, own kitchen, own living room and a large size bedroom. It is ideal for a family size of 3-4 to stay comfortably. The cost of this accommodation option is **40 Euros** per night regardless of the number of occupants.

3-star City Royal Hotel in Nicosia (<http://www.city-royal.com>): This package includes airport pick-ups from either Ercan or Larnaca Airports, ground transfers between the clinic and the hotel, hotel accommodation at the City Royal, including open buffet breakfast. The cost of this basic accommodation option is **45 Euros** per night for a double occupancy room.

5-star Merit Nicosia Hotel

(http://www.merithotels.com/tr_index_merit_lefkosa.php): This package includes airport pick-ups from either Ercan or Larnaca Airports, ground transfers between the clinic and the hotel, hotel accommodation at the Merit, including open buffet breakfast. The cost of this luxurious accommodation option is **115 Euros** per night for a double occupancy room.

Cost of Treatment



Cost of IVF with Egg Donation is **4,500 Euros**.

What's **not** Included?

- Your initial tests and medication
- Your flight and accommodation expenses
- Your personal expenditures